



# Week 1

Autumn/Winter 2023/24 Menu

Weeks Starting:  
30th Oct, 20th Nov,  
11th Dec, 15th Jan, 5th Feb,  
4th March and 25th March



## Monday

### Option 1

Cheese and  
Tomato Pizza with  
Pasta Salad

### Option 2

Cheese and  
Tomato Pasta

## Tuesday

### Option 1

Beef and  
Vegetable  
Pasta Bake

### Option 2

Sweet Potato  
Whirl with Potato  
Crispers

## Wednesday

### Option 1

Roast Chicken  
with Roast Potatoes  
and Gravy

### Option 2

Quorn Sausage  
with Roast Potatoes  
and Gravy

## Thursday

### Option 1

Spanish  
Chicken  
with Rice

### Option 2

Spanish  
Vegetable  
Goujons with Rice

## Friday

### Option 1

Harry Ramsden's  
Fish with  
Oven Chips

### Option 2

Cheese and  
Onion Slice with  
Oven Chips

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Dessert:

Fruit  
Yoghurt

### Dessert:

Chef's  
Shortbread

### Dessert:

Chef's  
Flapjack

### Dessert:

Toffee Apple  
Crumble with Custard

### Dessert:

Mandarin  
Jelly

Vegetarian Contains a minimum of 50% fruit



Twelve15

# Week 2

Autumn/Winter 2023/24 Menu

Weeks Starting:  
6th Nov, 27th Nov,  
1st Jan, 22nd Jan,  
19th Feb and 11th March



## Monday

### Option 1

Pasta Twists  
with Tomato Sauce

### Option 2

Bombay Beans  
and Cheese Topped  
Potato Crispers

## Tuesday

### Option 1

Pork Sausages with  
Creamy Potato and  
Gravy

### Option 2

Meat Free  
Sausages with Creamy  
Potato and Gravy

## Wednesday

### Option 1

Roast Gammon  
with Roast Potatoes  
and Gravy

### Option 2

Meat Free Lattice  
Slice with Roast  
Potatoes and Gravy

## Thursday

### Option 1

Spaghetti  
Bolognese

### Option 2

Vegetable Pasta

## Friday

### Option 1

Fish Fingers with  
Oven Chips

### Option 2

Meat Free Hot Dog  
with Oven Chips



### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Dessert:

Fresh Fruit

### Dessert:

Fruit Yoghurt

### Dessert:

Raspberry Ripple Vanilla  
Ice Cream Sponge Roll

### Dessert:

Chocolate Pear  
Sponge with Custard

### Dessert:

Butterscotch  
Tart



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# Week 3

Autumn/Winter 2023/24 Menu

Weeks Starting:  
13th Nov, 4th Dec,  
8th Jan, 29th Jan,  
26th Feb and 18th March



## Monday

### Option 1

Chef's choice  
of Pasta

### Option 2

Chef's choice  
of Pasta

## Tuesday

### Option 1

Beef Burger in a Bun  
with Oven Chips

### Option 2

Meat Free Burger in a  
Bun with Oven Chips

## Wednesday

### Option 1

Roast Chicken  
with Roast Potatoes  
and Gravy

### Option 2

Meat Free Sausage  
with Roast Potatoes  
and Gravy

## Thursday

### Option 1

Keralan Chicken and  
Butternut Squash  
Curry with Rice

### Option 2

Keralan Spinach and  
Butternut Squash  
Curry with Rice

## Friday

### Option 1

Harry Ramsden's  
Fish with  
Oven Chips

### Option 2

Vegan Nuggets with  
Oven Chips



### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Dessert:

Fruit Yoghurt

### Dessert:

Apple Sponge  
with Custard

### Dessert:

Vanilla Ice Cream

### Dessert:

Peaches with  
Custard

### Dessert:

Chocolate  
Cookie



Vegetarian



Contains a minimum of 50% fruit