

Twelve 15

SOYA FREE MENU

Autumn Winter 2023/24



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1

Cheese and Tomato
Pizza
with Pasta Salad

Beef and Vegetable
Pasta Bake

Roast Chicken
with Roast Potatoes
and Gravy

Spanish Chicken
with Rice

Harry Ramsden's Fish
with Oven Chips

Chef's Shortbread

Fruit Yoghurt

Chef's Flapjack

Toffee Apple
Crumble with
Custard

Mandarin Jelly

Week 2

Pasta Twists with
Tomato Sauce

Meat Free Sausages
with Creamy Potato
and Gravy

Roast Gammon
with Roast Potatoes
and Gravy

Spaghetti
Bolognese

Fish Fingers
with Oven Chips

Shortbread Biscuit
with Fresh Fruit Slices

Fruit Yoghurt

Vanilla Ice Cream

Chocolate Pear
Sponge with
Custard

Butterscotch Tart

Week 3

Chef's Choice of
Pasta

Beef Burger in a Bun
with Oven Chips

Roast Chicken
with Roast Potatoes
and Gravy

Keralan Chicken
and Butternut Curry
with Rice

Harry Ramsden's Fish
with Oven Chips

Fruit Yoghurt

Apple Sponge
with Custard

Vanilla Ice Cream

Peaches
with Custard

Chocolate Cookie

Seasonal Vegetables, Fresh Bread and Salad Bar served daily

Twelve 15

SOYA FREE MENU

VEGETARIAN AW 23/24



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1

Cheese and Tomato
Pasta

Sweet Potato Whirl
with Potato Crispers

Quorn Sausage
with Roast Potatoes
and Gravy

Jacket Potato with
Cheese and Beans

Cheese and Onion
Slice and Oven Chips

Chef's Shortbread

Fruit Yoghurt

Chef's Flapjack

Toffee Apple
Crumble and
Custard

Mandarin Jelly

Week 2

Bombay Beans and
Cheese Topped
Potato Crispers

Meat Free Sausages
with Creamy Potato
and Gravy

Cheese and Onion Slice
with Roast Potatoes
and Gravy

Bean Burrito
with Salad

Vegan Nuggets
with Oven Chips

Shortbread Biscuit
with Fresh Fruit Slices

Fruit Yoghurt

Vanilla Ice Cream

Chocolate Pear
Sponge with
Custard

Butterscotch Tart

Week 3

Chef's Choice of
Pasta

Meat Free Burger in a
Bun with Oven Chips

Cauliflower and Broccoli
Cheese with Roast
Potatoes and Gravy

Keralan Spinach
and Butternut Curry
with Rice

Vegan Nuggets
with Oven Chips

Fruit Yoghurt

Apple Sponge
with Custard

Vanilla Ice Cream

Peaches
and Custard

Chocolate Cookie

Seasonal Vegetables, Fresh Bread and Salad Bar served daily

